

# **North Somerset Challenging Behaviour Training consortium**

20<sup>th</sup> March 2010

# Background

- ✓ Extent & quality of CB training
- ✓ Impact of training on quality of support
- ✓ Does local training reflect the needs of service-users and support staff
- ✓ Existing skills in local services
- ✓ Partnership working
- ✓ CB workshops

# Aims

- ✓ Provide free CB training
- ✓ Standardise CB training
- ✓ Develop training that reflects local issues
- ✓ Decentralise 'specialist' skills
- ✓ Enhance local leadership
- ✓ Promote partnership working

# Membership

- ✓ St Brigas
- ✓ Freeways
- ✓ Community Therapeutic Services
- ✓ Brandon
- ✓ Bradbury House
- ✓ National Autistic Society
- ✓ Community Team
- ✓ North Somerset Council Training

# Steering group

- Steering group
  - ✓ Meets monthly
  - ✓ Planning for programme
  - ✓ Planning & facilitating events
  - ✓ Quality monitoring

# Programme 2009

- ✓ Ethical issues in CB
- ✓ Assessing CB
- ✓ Understanding PBS
- ✓ Developing good practice in CB services
- ✓ Supporting staff in CB services
- ✓ Mental health, LD & CB
- ✓ Understanding CB

# Programme 2009

- ✓ Positive approaches to supporting people with autism
- ✓ CB & risk management
- ✓ CB & the law
- ✓ CB & medication
- ✓ Self-harm & people with a LD

# Programme 2010

- ✓ Foundation level
- ✓ Intermediate level
- ✓ Advanced level
- ✓ Events publicised on NS Council's CPD-online system
- ✓ Bookings made on NS Council's CPD on-line system

# Foundation Level

- Event repeated 3 times in year
  - ✓ What is LD (*day 1*)
  - ✓ What is CB (*day 1*)
  - ✓ Historical perspectives (*day 1*)
  - ✓ Attitudes (*day 1*)
  - ✓ Risk factors (*day 2*)
  - ✓ Consequences of CB (*day 2*)
  - ✓ Communication & CB (*day 2*)
  - ✓ Understanding PBS (*day 3*)
- Understanding CB (3 day)

## Intermediate level

- ✓ Choice & control (2 day)
- ✓ Team working in CB services
- ✓ Risk management & CB
- ✓ LD, mental health & CB
- ✓ Assessing CB (gathering information)
- ✓ Understanding autism

# Advanced Level

- ✓ Assessment of CB (analysing information)
- ✓ CB & the law
- ✓ CB & medication
- ✓ Supporting people with LD & mental health issues
- ✓ Supporting people who self-harm
- ✓ Supporting people with autism
- ✓ Effective team leadership in CB services (2 day)

# Medium Term Goals

- ✓ Increase participation in consortium
- ✓ Consolidate programme
- ✓ Develop training resources for each event
- ✓ Develop shared resource lists
- ✓ Continue developing programme
- ✓ Evaluation of programme
- ✓ Seek accreditation